

Helen Rideout

Partner

 Nottingham

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Helen is a partner advising commercial insurer clients and public bodies through their most complex claims, providing a joined-up approach to associated regulatory investigations and support with reputational concerns. Helen and her team specialise in catastrophic incidents and the resulting civil claims.

Helen has over 20 years' experience defending high worth civil liability claims for her clients. As a nominated partner for NHS Resolution and working with clients through large group actions for historical abuse in care, her background in health and social care sees Helen regularly advising clients where there is an overlap between these sectors. Cases include issues of human rights breaches, discrimination, the negligent provision of care and abuse allegations. Given the nature of these claims many carry an element of significant press interest and reputational risks and Helen coordinates responses to investigations by police, HSE, safeguarding and CQC together with supported press releases alongside the civil claims.

Helen is passionate about providing first class technical advice alongside pragmatic support with creative solutions, which meet the needs of her clients both in terms of their business needs but also their organisation's values and aspirations.

Across the health, care and education sectors, Helen advises on allegations of data breaches and reputational damage and provides bespoke training on law and legal practice including webinars and symposiums. As a former teacher, Helen is dedicated to bringing on young lawyers and those aspiring to pursue a career in law.

Expertise

Children's services

Dispute resolution and litigation

Employers and public liability

Health and safety

Health and social care disputes

Insurance claims defence

Major incident response and management insurance

Reputation management

Social care services

Featured experience

Strategic response to influx of data breach claims

Leading on an insurer client's response to an influx of data breach, misuse of private information claims, coordinating the strategy and responses.

High profile closure of a specialist residential school

Advising a client through the aftermath of a sudden closure, working with press officers and advising on the resulting claims.

Fatal allergic reaction on school premises

Supporting a client through a tragic loss of a student and the resultant claim.

Tate Modern Major Incident

Working with colleagues to provide immediate criminal, regulatory and press support and advising on following claims.